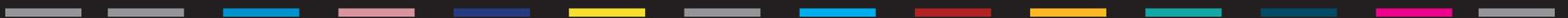




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Annika Parance Publishing (APP) is an independent general press established in 2009. It began by publishing health reference books for the general public, written in collaboration with internationally renowned physicians.

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# HEALTH

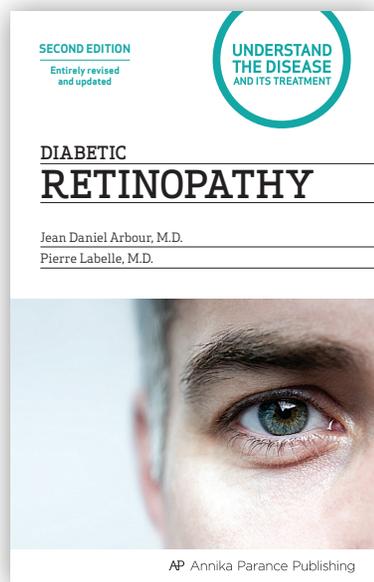
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## DIABETIC RETINOPATHY

JEAN DANIEL ARBOUR, M.D.  
AND PIERRE LABELLE, M.D.

PREFACE BY ANDRÉE BOUCHER, M.D.

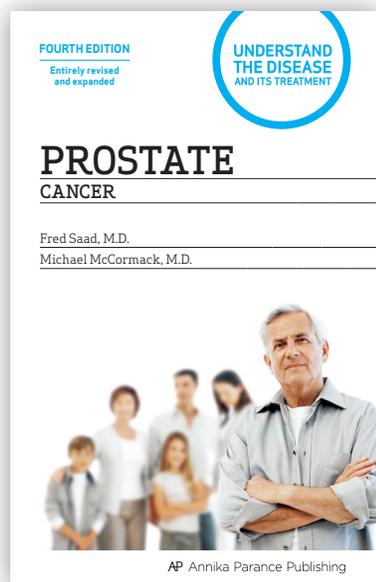
Approximately 2.4 million Canadians suffer from diabetes and are likely to develop diabetic retinopathy. This disease of the retina caused by diabetes affects 99 percent of people with type 1 diabetes and 60 percent of those with type 2 diabetes in the first 20 years after the onset of diabetes. The World Health Organization (WHO) anticipates an alarming increase in the number of people with diabetic retinopathy in the not so distant future, as the worldwide diabetic population is expected to double by 2030—to more than 360 million people. Early detection has thus become a major issue in the fight against diabetic retinopathy. This new edition includes new treatments that not only slow progression of the disease but can often restore lost vision.

### THE AUTHORS

**Dr. Arbour** is currently vitreoretinal surgeon at Notre-Dame Hospital, which is part of the University of Montréal Hospital Centre (CHUM). He heads the ophthalmology department of the faculty of medicine at the University of Montréal, where he is also clinical associate professor.

**Dr. Pierre Labelle** is an ophthalmologist at Maisonneuve-Rosemont Hospital and clinical professor in the department of ophthalmology of the faculty of medicine at the University of Montréal.

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## PROSTATE CANCER

FRED SAAD, M.D. AND  
MICHAEL McCORMACK, M.D.

PREFACE BY ARMEN G. APRIKIAN

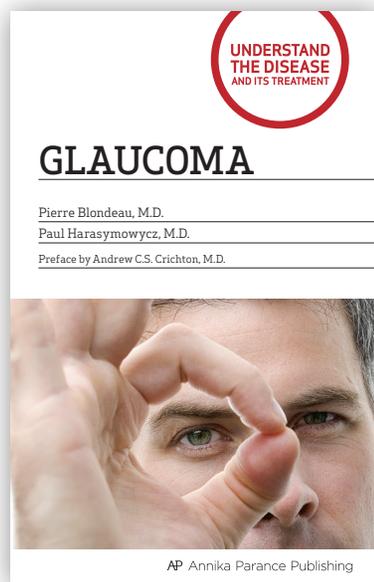
In Canada, one man in seven risks developing prostate cancer. It is the most frequently diagnosed cancer in men and its incidence has increased by 30 percent since 1988. While most commonly diagnosed after age 70, prostate cancer can also occur in men in their forties and fifties.

Like other forms of cancer, this disease affects not only the patient but also his family. At the time of diagnosis, there are many questions that need to be answered. This book provides a simple, concise, practical guide to help patients understand prostate cancer. Now in its fourth edition, it has, over the years, become an indispensable reference work.

## THE AUTHORS

**Dr. Fred Saad** is a professor of surgery at the University of Montreal. He is currently chief of Urology and Director of Urologic Oncology at the University of Montreal Hospital Centre (Centre Hospitalier de l'Université de Montréal, CHUM). He also heads the Molecular Prostate Cancer Research Lab at the Montreal Cancer Institute and is Director of Oncology Research at the CHUM research centre. Since 2004, he has held the University of Montreal Chair in Prostate Cancer Research.

**Dr. Michael McCormack** is a urologist, the assistant head of urology at the University of Montreal Hospital Centre (Centre Hospitalier de l'Université de Montréal, CHUM) and clinical professor in the Department of Surgery, Faculty of Medicine, University of Montreal.



2014  
144 pages  
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## GLAUCOMA

PIERRE BLONDEAU, M.D.  
AND PAUL HARASYMOWYCZ, M.D.

PREFACE BY ANDREW C.S. CRICHTON, M.D.

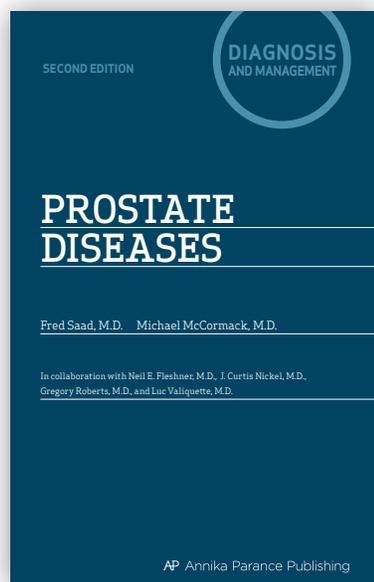
About 400,000 Canadians suffer from glaucoma. In fact, this chronic eye disease affects 1% to 3% of the population of the Western world age 40 and over, and its incidence increases with age—reaching 10% in people over 80. Glaucoma is an extremely insidious disease. It can destroy the functional capacity of the eyes irreversibly and without warning. Screening is thus a major issue in the fight against glaucoma, especially as there are effective treatments that can prevent or slow progression of the disease.

## THE AUTHORS

**Dr. Pierre Blondeau** is a full clinical professor at the University of Sherbrooke. He practices and teaches at the Sherbrooke university health centre (CHUS). He has served as academic director and head of ophthalmology at CHUS.

**Dr. Paul Harasymowycz** heads the glaucoma research unit at the University of Montreal and has served as clinician and researcher at the Maisonneuve-Rosemont Hospital and the Guy-Bernier Research Centre since 2011. He is medical director of the Montreal Glaucoma Institute and the Quebec Glaucoma Foundation.

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## PROSTATE DISEASES

FRED SAAD, M.D. AND  
MICHAEL McCORMACK, M.D.

IN COLLABORATION WITH NEIL E. FLESHNER, M.D., J. CURTIS NICKEL, M.D.,  
GREGORY ROBERTS, M.D., AND LUC VALIQUETTE, M.D.

PREFACE BY S. LARRY GOLDENBERG, M.D.

Healthcare professionals are often faced with patients complaining of problems related to prostate disease. It is important for them and the patients to be familiar with the three most common diseases related to the prostate: benign prostatic hyperplasia, prostatitis and prostate cancer.

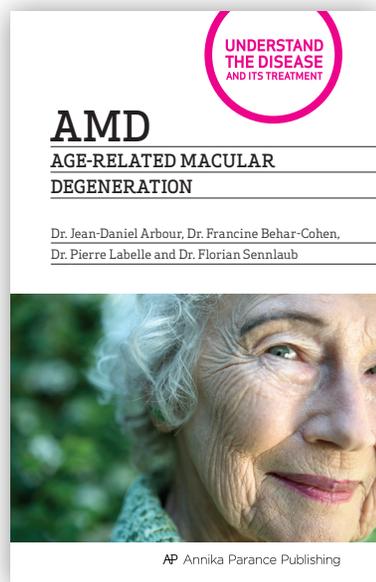
### From the preface

"This book draws on contributions from leading Canadian physicians in prostate cancer, benign prostatic hyperplasia, and prostatitis. It provides the practicing clinician and the educated layperson with definitive statements of current knowledge and practice. Prostate illnesses present a diverse and challenging set of problems to clinicians and scientists alike, and readers will gain an appreciation for the complexities of prevention, diagnosis, therapy and prognosis that doctors and patients face today."

## THE AUTHORS

**Dr. Fred Saad** is a professor of surgery at the University of Montreal. He is currently chief of Urology and Director of Urologic Oncology at the University of Montreal Hospital Centre (Centre Hospitalier de l'Université de Montréal, CHUM). He also heads the Molecular Prostate Cancer Research Lab at the Montreal Cancer Institute and is Director of Oncology Research at the CHUM research centre. Since 2004, he has held the University of Montreal Chair in Prostate Cancer Research.

**Dr. Michael McCormack** is a urologist, the assistant head of urology at the University of Montreal Hospital Centre (Centre Hospitalier de l'Université de Montréal, CHUM) and clinical professor in the Department of Surgery, Faculty of Medicine, University of Montreal.



2010  
128 pages  
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## AMD — AGE-RELATED MACULAR DEGENERATION

JEAN DANIEL ARBOUR, M.D.,  
FRANCINE BEHAR-COHEN, M.D., PIERRE  
LABELLE, M.D. AND FLORIAN SENNLAUB, M.D.

PREFACE BY ALAN F. CRUESS, M.D.

AMD affects one million Canadians, yet it is still poorly understood and causes much anxiety to those diagnosed with it: Will I go blind? Will I be able to lead a normal life? Can I be cured?

This book addresses these and many other questions to help in understanding the impact of AMD in everyday life.

In addition, the latest advances in AMD research are explained, as major therapeutic breakthroughs that have considerably improved the quality of life of people with AMD have been made in recent years and new treatments under development hold even more promise for the future.

### THE AUTHORS

**Dr. Arbour** is vitreoretinal surgeon at Notre-Dame Hospital, which is part of the University of Montréal Hospital Centre (CHUM).

**Dr. Francine Behar-Cohen** is a retina specialist and medical director at Jules Gonin Eye Hospital in Lausanne.

**Dr. Pierre Labelle** is an ophthalmologist, retina specialist at Maisonneuve-Rosemont Hospital in Montréal.

**Dr. Florian Sennlaub** is an ophthalmologist and co-team leader at the Vision Institute in Paris (France).

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