



whitecap books
SPRING | 2012 | SUMMER





To our valued customers and friends,

In early February 2011 Whitecap's Canadian distributor, H.B Fenn and Company, filed for bankruptcy protection. As a result, we lost the bulk of our Fall 2010 receivables in Canada. We survived the turbulent weeks that followed and we would like to thank our customers, authors, and friends for their support during this difficult time.

Friesens Printers continue to be great benefactors to Canadian book publishers and we are very grateful to David Friesen and Curwin Friesen for their ongoing support and help.

We'd like to thank all the people at Fitzhenry & Whiteside for their assistance in recovering our inventory, creating space in their warehouse, and setting us up for shipping again so quickly. Fulfillment was operational by the end of February, which meant that the damage to the flow of our receivables, while serious, was not catastrophic.

Lastly, we'd like to thank the Whitecap staff members who are still with us. They accepted a reduction in salary for two long months so that we could weather the February disaster and we are very grateful to them for sticking with us.

This fall sees us well on the way to recovery. We have published five new titles, all of which are selling well. We are now proud to present the Spring/Summer 2012 list and Fall/Winter 2012 preview, both of which feature fabulous new books.

On we go.

Michael Burch and Nick Rundall

whitecap books ltd. 351 Lynn Avenue north vancouver, bc fax. 604.980.8197 canada V7J 2C4

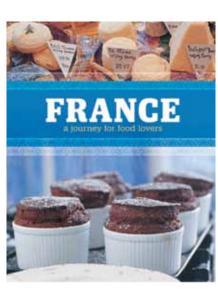
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FRANCE A JOURNEY FOR **FOOD LOVERS**

Photography by Chris L. Jones; Recipes by Maria Villegas and Sarah Randell ISBN: 978-1-77050-093-8



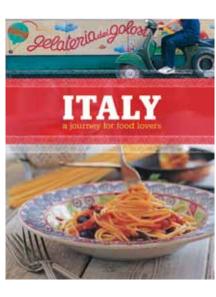
INDIA A JOURNEY FOR FOOD LOVERS

Location photography by Jason Lowe; Recipe photography by Alan Benson; Recipes by Priya Wickramasinghe and Carol Selva Rajah ISBN: 978-1-77050-090-7

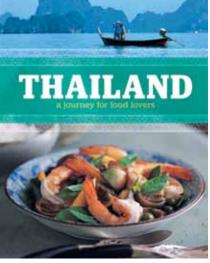
ISBN: 978-1-77050-092-1

ITALY A JOURNEY FOR **FOOD LOVERS**

Photography by Chris L. Jones; Recipes by Sophie Braimbridge and Jo Glynn ISBN: 978-1-77050-091-4



THAILAND A JOURNEY FOR FOOD LOVERS Photography by Alan Benson; Text by Lulu Grimes; Recipes by Oi Cheepchaiissara



9 x 11¾ paperback with flaps 296 pages \$29.95 US / \$32.95 CDN available March 2012 approx. 125 recipes in each; full colour throughout, including photographs; index Take a journey through the world's most flavourful countries. Beautiful photographs of recipes and regions take you into the heart of the unique dishes and delectable delicacies of France, Italy, India, and Thailand, each a major contributor to global cuisine. These books are a must-have for those wanting to master the key recipes of these cultures.

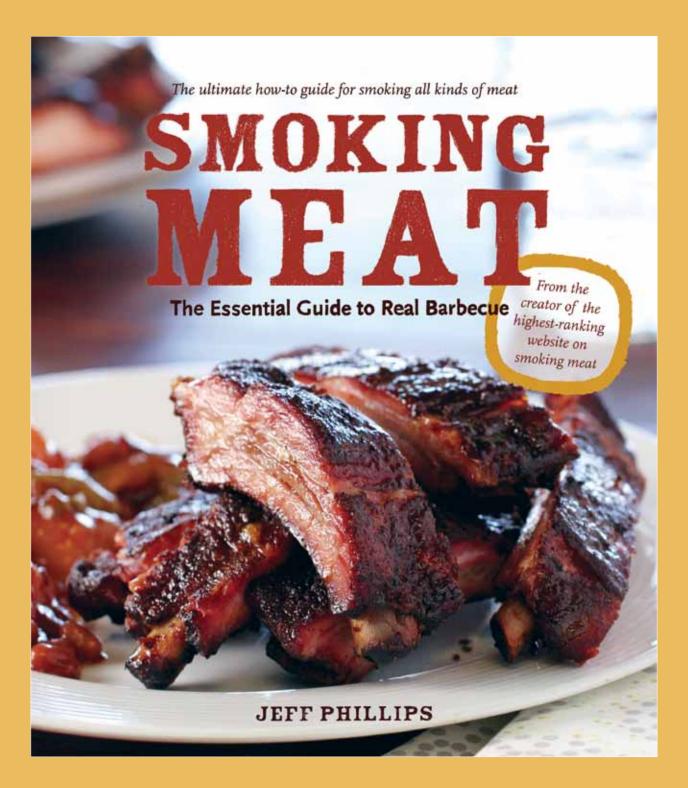
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Whitecap Books Spring/Summer 2012 | Cooking 3



ISBN 978-1-77050-038-9 8¼ × 9½ paperback with flaps 208 pages \$29.95 available April 2012 80 recipes; colour throughout, including photographs; index

Rights: World

The ultimate how-to guide for smoking all kinds of meat, from the creator of the highest-ranking website on smoking meat.

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SMOKING MEATTHE ESSENTIAL GUIDE TO REAL BARBECUE

By Jeff Phillips

www.smoking-meat.com.

Of related interest



BARBECUE SECRETS DELUXE! by Rockin' Ronnie Shewchuk 978-1-55285-949-0 \$29.95



MEMPHIS BLUES BARBEQUE HOUSE by George Siu and Park Heffelfinger 978-1-55285-914-8 \$29.95

Real barbecue taste comes from slow-cooking meat at a low temperature for a long time, using wood smoke to add flavour—and this is the book that shows you how to master the art! For the first time, Jeff Phillips shares in print the information he has compiled on his incredibly popular website,

With step-by-step instructions on choosing, setting up, and modifying your own charcoal, gas, or electric smoker, Jeff guides you through your smoking session with the patience that is unique to an experienced pitmaster. Once you've chosen your smoker and got the knack of some basic techniques, Jeff encourages you to cut loose and experiment with creating your own smoky sensations. Best of all, he shows you how to use your basic backyard grill to give smoking meats a try, so you can decide whether to invest in a smoker

Your every smoking question is answered in these detailed sections:

- Types of smokers
- · Charcoal, wood, or gas fuel?
- Building and keeping a fire
- · Tools and equipment
- · Flavouring meat
- The smoking-meat pantry
- Food safety

You'll never have to run all over town again, searching out the best smoked meat! In addition to handing over all his tried-and-true recipes for chicken, ribs, brisket, and burgers, Jeff gives you his favourite recipes for sauces, rubs, and brines. You'll also find recipes for smoking duck, sausage, meatloaf, fish, and even frogs' legs. Jeff rounds out the collection with desserts, salads, and coleslaws. Smoking Meat will have you feasting on the most succulent and flavourful meat you've ever had in no time at all.

Features/why buy

- Jeff Phillips is the creator of the number-onevisited website on smoking meat, www.smokingmeat.com, which has more than 130,000 newsletter subscribers and 32,000 forum members (smokingmeatforums.com).
- Straightforward advice on how to set up your own smoker in your house or yard.
- Homemade smoked delicacies have lower nitrite levels than store-bought ones, making for healthier eating for the family.
- Fantastic Fathers' Day gift.

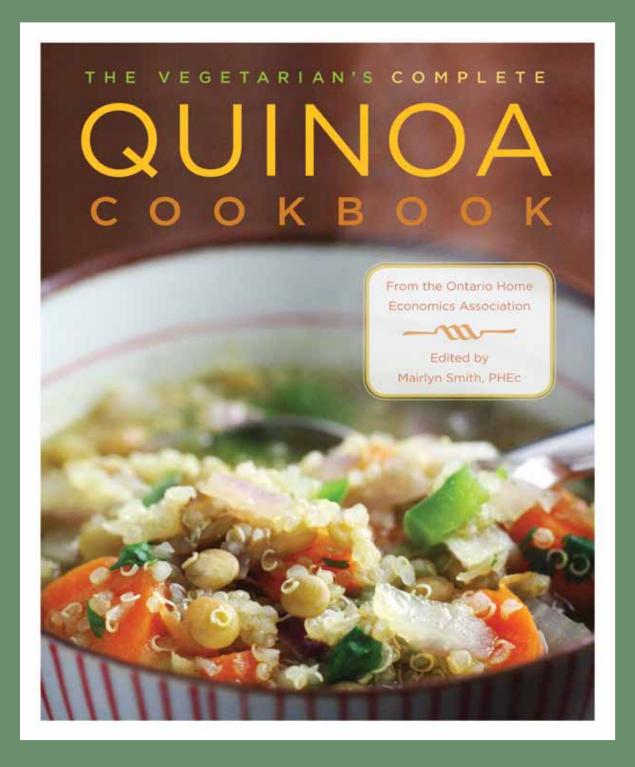
Excerpt Just a few years after I was married, I was given a small Brinkmann smoker—the one that looks like R2-D2—and I set out to learn how to use it. I was determined to make the most of that smoker no matter how many folks told me it was cheap and hard to use. This experience sparked in me a love for the taste of smoked meats and a passion for the tools and techniques you need to produce them . . . I will equip you with the basic knowledge you need to produce succulent slowsmoked food right in your very own backyard—food that will make you a legend in your neighbourhood and maybe even your town.

Jeff Phillips was born in North Carolina and raised on southern cooking. As a teenager, he began experimenting with cooking over grills and campfires; eventually he moved on to using smoking units that could fit an entire pig! Seven years ago, he began compiling all of his expertise into a website, which has now expanded to include more than 300 pages of recipes and tutorials. Jeff lives in Sapulpa, Oklahoma, on a 10-acre farm with his wife and three children.

Marketing

Publicity
National print and radio
media campaign
American print and radio
media campaign

Web Marketing
E-newsletter
Social networking
(Facebook, Twitter)
Website
www.smoking-meat.com
Blogger media campaign
Online retail presence
Chapters/Indigo, Amazon



ISBN 978-1-77050-097-6

8 x 10
paperback with flaps
208 pages
\$29.95
available August 2012
150 recipes; colour
throughout, including
photographs; index
Rights: World

Learn to harness the high-protein power of quinoa.

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THE VEGETARIAN'S COMPLETE QUINOA COOKBOOK

From the Ontario Home Economics Association Edited by Mairlyn Smith, PHEc

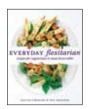
Of related interest



QUINOA 365 by Patricia Green and Carolyn Hemming 978-1-55285-994-0 \$29.95

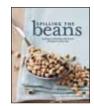


HEALTHY STARTS HERE by Mairlyn Smith 978-1-77050-039-6 \$29.95



EVERYDAY FLEXITARIAN by Nettie Cronish

by Nettie Cronish and Pat Crocker 978-1-77050-021-1 \$29.95



SPILLING THE BEANS by Julie Van Rosendaal and Sue Duncan 978-1-77050-041-9 \$29.95

Quinoa. Healthy, tasty, versatile—a plant that's a complete protein source—what more can vegetarians—anyone, really—ask for in a food? Pronounced *keen-wa*, quinoa comes originally from South America, where the Incas, who domesticated it, called it the "mother of all grains." But while it looks like a grain and is cooked like a grain, it's actually a plant whose seeds are edible, and it's closely related to other superfoods such as beets, spinach or chard. What makes quinoa so unusual is its many qualities, which combine to make it a practically perfect food:

- high protein content with all the essential amino acids
- gluten free, high in dietary fibre and easy to digest
- nutrient rich, providing starch, sugars, oils, minerals and vitamins.

And quinoa tastes good. Light and mild, with a sweet nutty flavour and fluffy texture, it's been called "South American falafel" by *Seattle Weekly Food*. Easy to cook, it can be used in place of almost any grain—a great alternative to oatmeal, rice, couscous, pasta—and in a wide range of dishes—mains, sides, even desserts.

Quinoa is rapidly gaining in popularity. According to *Canadian Living*'s recent *Food Trends Report*, sales of quinoa salad are up by 129%. And NASA has said that quinoa's "very desirable nutritional composition" has made it a "candidate crop" for growing in space stations!

This book, with over 150 quinoa recipes, shows us how to enjoy this natural, functional food that is not only nourishing and flavourful, but loaded with nutrients. Quinoa for everyone, even astronauts!

Marketing

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www.ohea.on.ca
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Chapters/Indigo, Amazon

Features/why buy

- Consumption of quinoa continues to skyrocket according to Canadian Living's recent Food Trends Report, sales of quinoa salad are up by 129%
- These recipes are so packed full of flavour, meateaters will forget the recipes are vegetarian!
- This is the first book on quinoa completely for vegetarians, and the first to harness the power of quinoa as a complete high-protein meat replacement in vegetarian diets.
- This book offers a healthy alternative to packaged vegetarian meats and a delightful alternative to tofu-based dishes.
- Quinoa is an approved kosher food and is perfect for those with a gluten intolerance or other food allergies.

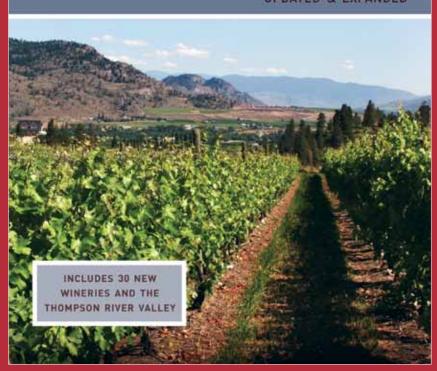
Excerpt Quinoa looks and cooks like a grain, but that doesn't mean it is a grain. This super-food is actually a seed. (A seed, you say? But it says right on the manufacturer's package that it's a whole grain!) As any home economist worth their weight in guinoa seeds would have to do, I had to research where the misunderstanding started and who started it! But after spending hours deciphering quinoa research, I have no answer to the mystery! Stumped! My best professional bet is that the naming (or misnaming) of this nutrient-dense little gem happened in translation. Depending on what you read you'll find that the Incas called guinoa the "Mother of Grains" or "Mother Seed." But although there may be a mistake in the naming of this potent superstar, there's no mistake in the grade that guinoa gets in vegetarian cooking—A+.

Members of the Ontario Home Economics
Association, a self-regulating body of professional home economists, work to high standards to help people achieve and maintain a desirable quality of life. Mairlyn Smith is a professional home economist and has appeared on every morning show across Canada, including CityTV's Breakfast Television and Canada AM. Mairlyn has also appeared on CBC's Midday and Newsworld, and hosted Harrowsmith Country Life's "Food for Thought" segment. In addition to writing cookbooks, she acts in films and commercials.



OKANAGAN WINE TOUR GUIDE

UPDATED & EXPANDED



ISBN 978-1-77050-096-9 5 x 8½ paperback with flaps \$19.95 360 pages available March 2012 two-colour throughout, black and white photographs; list of wineries

Rights: World

John Schreiner is the voice on wine, and here he provides an updated guide to the Okanagan's best vineyards, wineries and wines.

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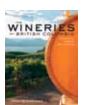
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JOHN SCHREINER'S OKANAGAN WINE TOUR GUIDE

UPDATED & EXPANDED

Includes 30 New Wineries and the Thompson River Valley

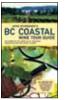
By John Schreiner By the same author



THE WINERIES OF BRITISH COLUMBIA 978-1-55285-983-4 \$29.95



BRITISH COLUMBIA WINE COUNTRY 978-1-55285-803-5 \$32.95



JOHN SCHREINER'S BC COASTAL WINE TOUR GUIDE 978-1-77050-042-6 \$19.95

The lush Okanagan Valley is internationally acclaimed for its wines. *John Schreiner's Okanagan Wine Tour Guide*, completely updated, reflects the most recent changes in the region's wine industry and provides succinct insider profiles of the more than 150 wineries in the Okanagan.

The Okanagan Valley produces 95 percent of British Columbia's wines. This comprehensive guide features thumbnail sketches of wineries and winemakers and is peppered with fascinating facts about the region, drawn from Schreiner's own winery visits. Also included are Schreiner's recommendations for what to sample from each cellar.

All the information you need to take a self-guided tour of the wine regions is here. "Geography for Wine Tourists," a chapter on the many Okanagan wine regions and the wineries to be found in them, has been expanded to include new wineries and a new region, the Thompson River Valley. Also included is a detailed map of the Okanagan, with all the wineries marked, as well as addresses, telephone numbers, and website addresses for each winery.

Reviews

"No serious wine tourist should hit the road without reference to John Schreiner's Okanagan Wine Tour Guide."

—Laurie Carter, *Bloganagan*

"John Schreiner's is the palate I will trust blindly because he (a) always gets his facts right (it comes from spending many years as a business and financial journalist), and (b) knows not just what he likes but how to make it himself. If he says it's there, there it is. If he says it's good, you've got to get it. At \$19.95, the Whitecap-published paperback is the single best investment you can make when setting out to acquire Okanagan wine."

—Jurgen Gothe, the Georgia Straight

Features/why buy

- John Schreiner is recognized as having the most authoritative and well-respected voice when it comes to writing about the wine industry in British Columbia.
- This pocket guide is handy and affordable for the wine tourist. The maps and resources provided in the guide, as well as Schreiner's favourite picks, help make searching for the ideal wineries easy and enjoyable.
- There are approximately 1.5 million visitors to the Okanagan region each year. Tourism generates approximately \$835 million in the Okanagan Valley annually.

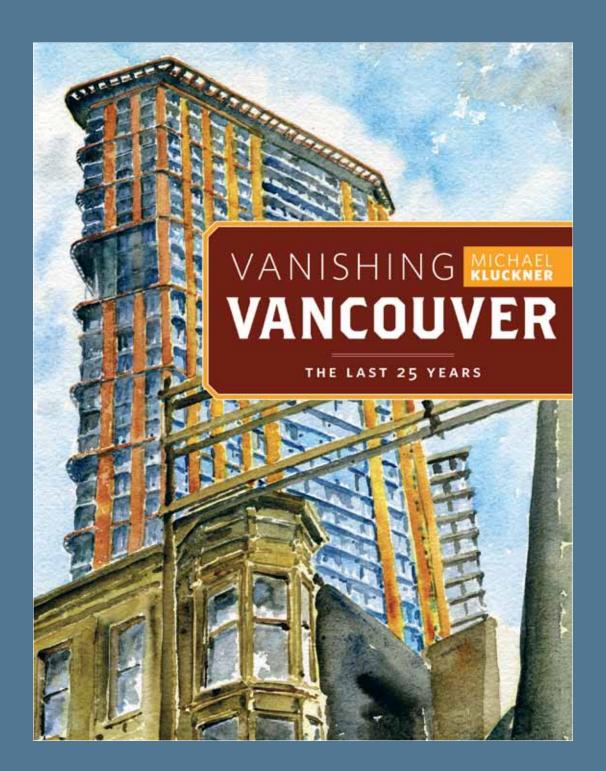
Excerpt The most original event at the Okanagan's fall wine festival is the free-spirited "Midnight Service" at Blasted Church. A professional gospel choir fills the cellars with spirited hymns while guests wash down southern soul food with the winery's best wines. The entire portfolio at Blasted Church reflects an irreverent take on worship, from the label caricature of a preacher to premium wines called Cross to Bear, Holy Moley and Nothing Sacred.

John Schreiner is a resident of North Vancouver, BC, and is Canada's most prolific author of wine books. He has authored 10 books since 1984, including Whitecap bestsellers British Columbia Wine Country, The Wineries of British Columbia and BC Coastal Wine Tour Guide. An awardwinning home vintner, Schreiner has received the prestigious Founders Award, given annually by the Okanagan Wine Festivals Society, and the Spirited Industry Professional Award, given annually by the Vancouver Playhouse International Wine Festival. His writing regularly appears in Wine Access magazine and on www.planitbc.com.

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ISBN 978-1-77050-067-9
8.5 × 11
paperback with flaps
224 pages
\$35.00
available April 2012
full colour throughout;
archival photographs and
postcards, maps, watercolour
and brush-and-ink

illustrations; index Rights: World

An animated and intimate look at Vancouver's contemporary urban landscape, from the author of the award-winning books Vancouver Remembered and the original Vanishing Vancouver.

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VANISHING VANCOUVER THE LAST 25 YEARS

By Michael Kluckner By the same author

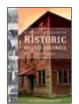


VANCOUVER REMEMBERED by Michael Kluckner 978-1-77050-058-7 \$35.00

Of related interest



THE CURVE OF TIME By M. Wylie Blanchet 978-1-77050-037-2 \$24.95



A TRAVELLER'S GUIDE TO HISTORIC BRITISH COLUMBIA by Rosemary Neering 978-1-55285-987-2 \$24.95

Award-winning author and artist Michael Kluckner takes another look at a city where the only thing that doesn't seem to change is the rapid pace of development.

The original *Vanishing Vancouver*, published in 1990, explored Vancouver's changing landscape by neighbourhood, from the earliest dwellings to the aftershocks of Expo '86. Its light-filled watercolours and well-informed prose spoke to the concerns of rapid expansion versus historical conservation, and it won the accolades of the City of Vancouver book award and the Duthie prize for BC book publishing.

Now, on the 20th anniversary of that important book, Kluckner returns to tell the story of the last two and a half decades in this ever-developing city. *Vanishing Vancouver: The Last 25 Years* explores the origins of our landmark buildings and public spaces, our working harbour, our shops, houses, apartments, urban farms, and gardens, and bears witness to the recent dramatic changes that have taken place in them. Many of these changes are the result of city planning policy—initiatives that aim for "eco-density" and being "the greenest city"—and throughout the book Kluckner discusses the tensions that have arisen as a result and asks whether the price we are paying is too high.

Vanishing Vancouver: The Last 25 Years is a compelling mix of historical narrative, personal anecdote, and expert, local knowledge. Illustrated with more than 200 new images—the author's own watercolours and brush-and-ink drawings as well as archival and private photographs, hand-rendered maps, vintage postcards, advertisements, and other ephemera—this beautiful volume is essential and enjoyable reading for anyone interested in Vancouver's heritage, architecture, and history. Its focus on Vancouver's architecture and current issues make it the perfect complement to Kluckner's Vancouver Remembered, a complete history of the city.

Marketing

Publicity

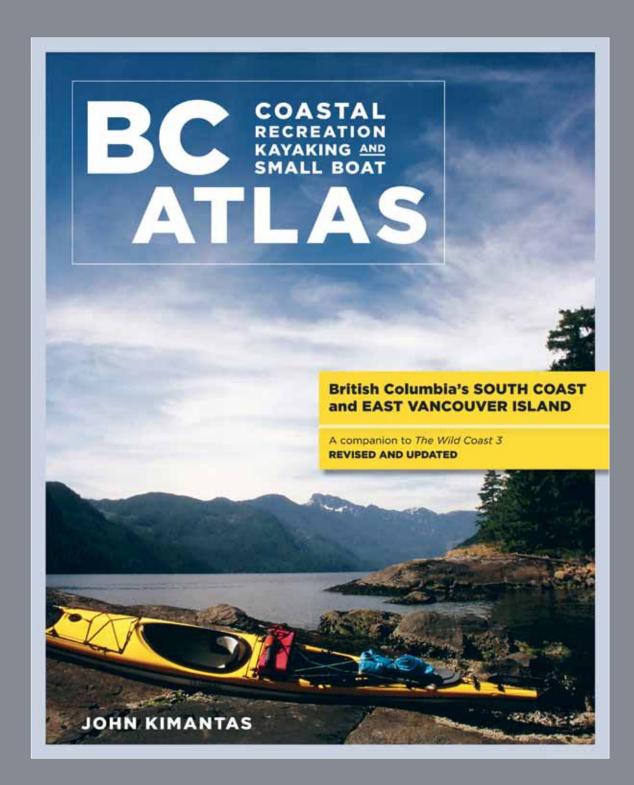
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E-newsletter
Social networking
(Facebook, Twitter)
Website
www.michaelkluckner.com
Blogger media campaign
Online retail presence
Chapters/Indigo, Amazon

Features/why buy

- Modern concerns such as sustainability, affordability, and the pace of urban development are examined.
- Includes highly recognizable images of Vancouver buildings and spaces as well as "hidden treasures" that will appeal to a wide range of readers: tourists as well as inhabitants from around the city.
- Features all-new artwork, including detailed hand-drawn maps and drawings of house styles, with little-seen photographs and other ephemera from city library collections and city archives.
- Kluckner is a multiple award-winner and recipient of the Heritage Canada Medal of Achievement for his commitment to Vancouver heritage.
- The audience appeal of the book is wide:
 Kluckner has an established mature audience but new readers will be drawn to the book because of its focus on the last 25 years.

Excerpt A couple of days after I returned, still disoriented from jet lag, I walked through downtown, along Hastings and into Gastown. Woodward's was gone, or most of it at any rate. Where its modest W had once punctuated the modest skyline, an enormous tower, like something dropped from outer space, loomed over the century-old brick and stone buildings that citizen activism and small-business investment had saved 40 years earlier. It was so out of scale—how had that happened?

Michael Kluckner is an artist and writer who has spent more than two decades recording and interpreting, in a dozen books, the histories and landscapes of Vancouver, British Columbia, and Canada. A Vancouverite by birth, he has travelled extensively, always carrying a sketchbook, and developed an appreciation for the visual and emotional subtleties of our changing world attributes that enliven his writing and his watercolours. As a volunteer heritage advocate, he has served as the founding president of Heritage Vancouver and chair of the Heritage Canada Foundation and the Vancouver Heritage Foundation. His other books include Vancouver Remembered (2006), which won the City of Vancouver book award, and Vanishing British Columbia (2005), an elegy for the province's disappearing rural landmarks.



ISBN 978-1-77050-057-0 11 × 14 paperback with hidden coil binding 64 pages available May 2012 40 full-colour detailed maps; inset colour photographs

throughout

Rights: World

Vancouver Island—it takes only one trip to get hooked, but a lifetime to explore.

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Kayaking and Small Boat Atlas Series

BC COASTAL RECREATION KAYAKING AND SMALL BOAT ATLAS BRITISH COLUMBIA'S SOUTH COAST AND EAST VANCOUVER ISLAND Revised and Updated

Companion book



THE WILD COAST 3 A Kayaking, Hiking and Recreation Guide for BC's South Coast and East Vancouver Island 978-1-55285-842-4 \$34.95

In this series



RECREATION KAYAKING AND **SMALL BOAT ATLAS** West Vancouver Island 978-1-55285-865-3 \$40.00



A Kayaking, Hiking and Recreation Guide for BC's North and **Central Coast** 978-1-55285-786-1 \$34.95

By John Kimantas

Rugged yet serene, the south and east coasts of Vancouver Island are unlike anywhere else. Wavesculpted rocks, sea caves and fjords, old-growth forests, incredible wildlife, and white, sandy beaches make this an unbeatable destination. From a veteran kavaker and outdoors expert, who has explored the BC coastline himself, comes this must-have collection of full-colour maps, all from a paddler's perspective. This large-book format is easier to use and stow than bulky charts and unwieldy roll-up maps. Kimantas himself remarks that his life would have been much easier had one of these been available for his own kayak trips!

The features and attractions included in these maps are numerous. You'll see all the campsites, rest areas, launch sites, anchorages, private marinas, government wharves, ferry terminals, and lighthouses, as well as the possible hazards of each area. Also included are the key places to see killer whales, grizzlies, sea lions, and birds and to explore—heritage sites, ruins, sunken ships, trails, and parks. Colour photographs right on the maps provide visual clues and added beauty.

Covering the Gulf Islands, the North Georgia Basin, Desolation Sound and the Discovery Islands, and the North Island Straits, this atlas is a companion guide to Wild Coast 3.

Marketing

Publicity
Provincial print and radio media campaign American print and radio media campaign (Pacific Northwest)

Web Marketing E-newsletter Social networking (Facebook, Twitter) Wehsite www.coastandkavak.com Blogger media campaign Online retail presence Chapters/Indigo, Amazon

Features/why buy

- John Kimantas is well known and well respected for his comprehensive knowledge of the BC coastline and kayaking.
- The Wild Coast companion books contain numerous maps, along with detailed information on attractions, amenities, local ecology, Native and European history, landing sites, and campsites.
- The atlas-style books are much easier to use than bulky charts, and are ideal for small boaters.
- This newly revised edition has the most up-todate information, not found anywhere else.

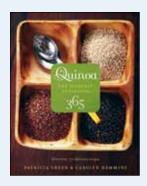
Excerpt



John Kimantas has been a journalist for more than 18 years and has written for newspapers across Canada. He is editor and owner of Coast & Kayak Magazine (formerly Wavelength) and the author of the Wild Coast series and the BC Coastal Recreation Kayaking and Small Boats Atlas series. He lives on Vancouver Island.

AWARD-WINNING TITLES FROM OUR BACKLIST

World Gourmand Cookbook Award Winners



QUINOA 365

by Patricia Green and Carolyn Hemming 978-1-55285-994-0 \$29.95

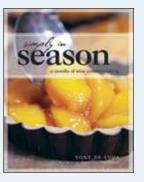
2010 winner for Best Single Subject Cookbook in Canada



GLUTTON FOR PLEASURE

by Bob Blumer 978-1-77050-015-0 \$29.95

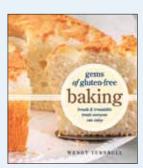
2010 winner for Best TV Celebrity Chef in Canada and second-place winner for Best TV Celebrity Chef



SIMPLY IN SEASON by Tony de Luca

by Tony de Luca 978-1-55285-951-3 \$39.95

2010 winner for Best Chef Book in Canada



GEMS OF GLUTEN-FREE BAKING

by Tony de Luca 978-1-77050-018-1 \$29.95/\$24.95 US

2010 winner for Best Bread Book in Canada



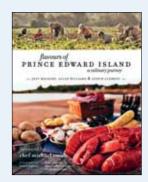
KITCHEN SCRAPS

by Pierre Lamielle 978-1-55285-989-6 \$29.95/\$24.95 US

2009 winner for Best Food Book Illustrations in the World

Cuisine Canada Culinary Book Award Winners

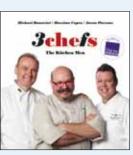
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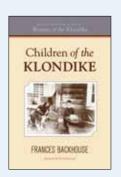


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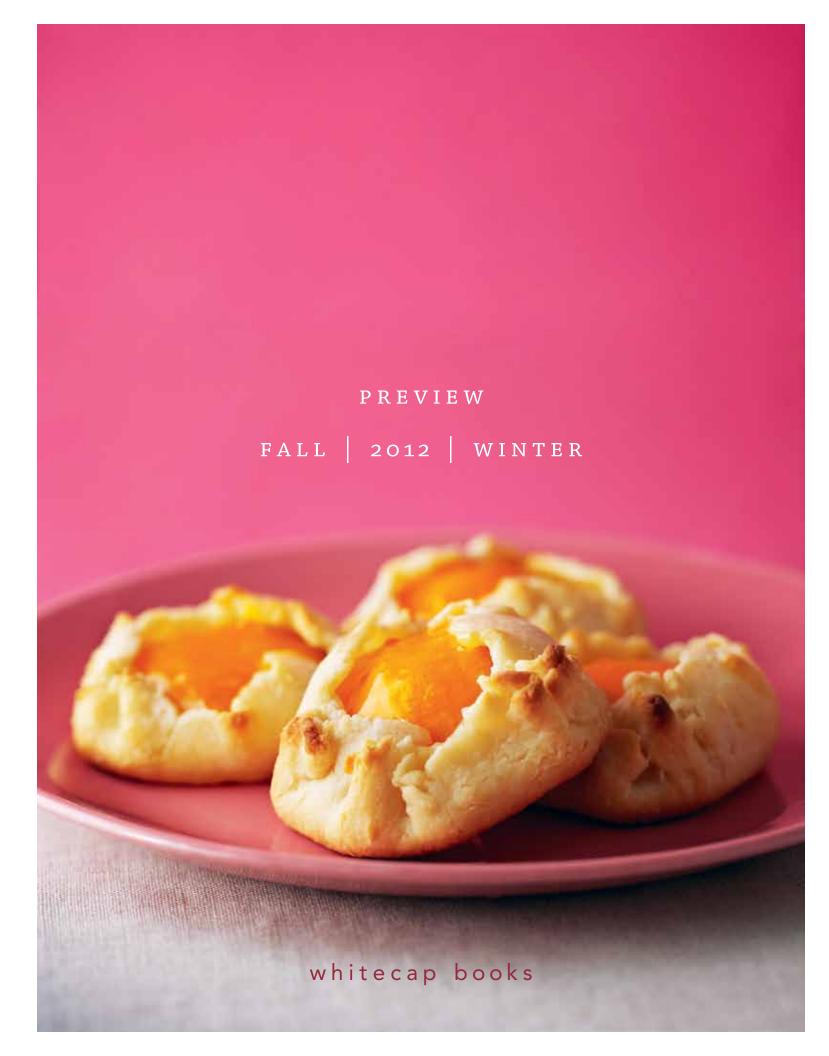
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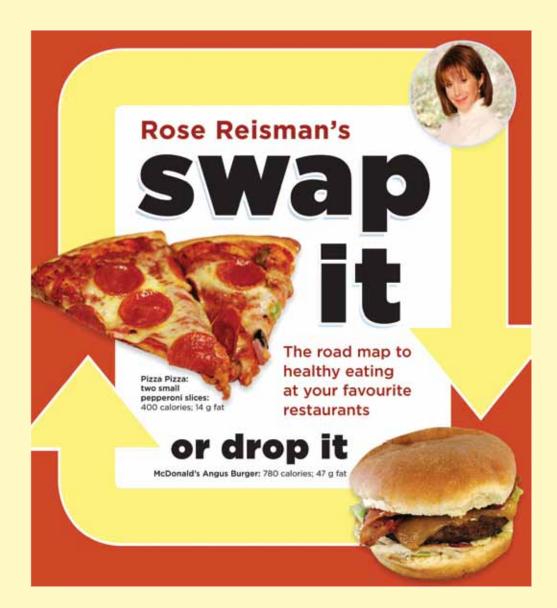
2010 City of Victoria Butler Book Prize Winner



CHILDREN OF THE KLONDIKE

by Frances Backhouse foreword by Ted Harrison 978-1-55285-950-6 \$19.95





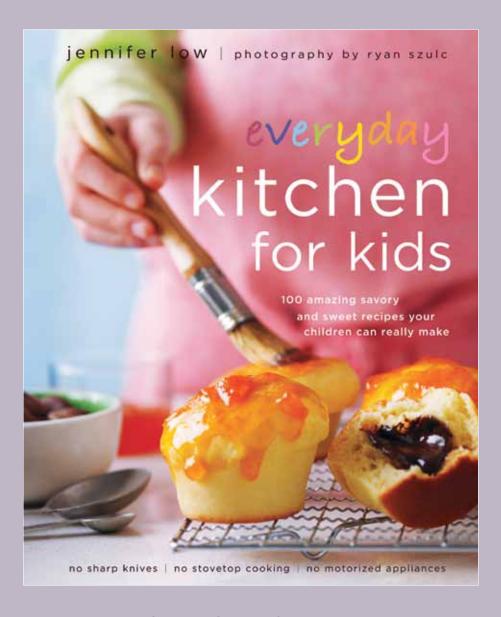
ROSE REISMAN'S SWAP IT OR DROP IT

THE ROAD MAP TO HEALTHY EATING AT YOUR FAVOURITE RESTAURANTS

by Rose Reisman ISBN 978-1-77050-099-0

We all want to eat well, cut calories, and keep our fabulous selves, well, fabulous! But with all our commitments, from work to hobbies, side projects, and the extracurricular activities of our kids, we don't always have time to make healthy meals at home. Fast food, birthday parties at family-friendly restaurants, and rushed mornings with breakfast-at-the-coffee-shop-next-door-to-work are all realities of our busy lives. Realities, yes, but guilt-ridden and unhealthy experiences, no. By making slight changes to what we order at restaurants, coffee shops, and fast-food places, we can cut down our daily calories and reduce fat.

Featured on the popular TV morning shows Breakfast Television and CityLine, Swap It or Drop It shows you how to make informed choices about what you put into your family's bodies. Swap It or Drop It includes more than 65 of the most popular restaurants in the nation (including A&W, Tim Hortons, Domino's, East Side Mario's, the Keg, and White Spot). Superstar healthy cook and author Rose Reisman tells you what to "drop" off your ordering plan, the healthier option to "swap" it for, and why the swap works. This book will have you sharing your own Swap It tips in no time!



EVERYDAY KITCHEN FOR KIDS

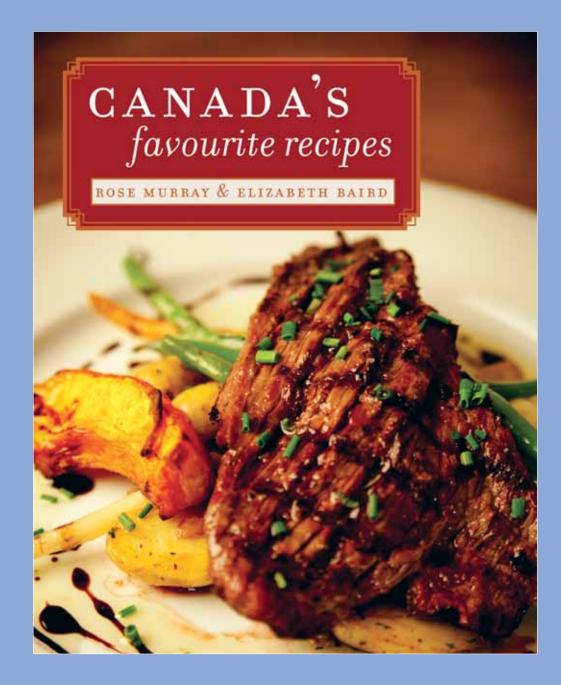
100 AMAZING SAVORY AND SWEET RECIPES YOUR CHILDREN CAN REALLY MAKE

by Jennifer Low ISBN 978-1-77050-066-2

From the author of the international bestseller *Kitchen for Kids* comes an all-new cookbook that encourages kid power in the kitchen. *Everyday Kitchen for Kids* makes every kind of recipe possible for when kids feel like cooking. The "re-engineered" cooking methods in the recipes help kids make amazing dishes they couldn't make otherwise.

And with *Everyday Kitchen for Kids*, it's safety first all the way. None of the methods call for

sharp knives, stovetop cooking or small motorized appliances. All the recipes are kid tested and approved, and accompanied by a full-colour photograph. Whether your children choose to make a savoury snack or a sweet treat, with this book you'll soon be saying to them, "Wow! You made this?"



CANADA'S FAVOURITE RECIPES

by Rose Murray and Elizabeth Baird ISBN 978-1-77050-098-3

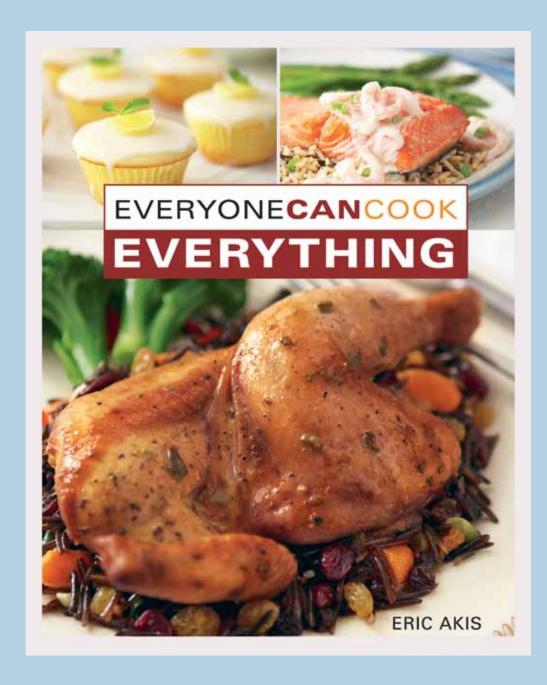
Canada's beloved food writers, and long-time friends, Rose Murray and Elizabeth Baird have teamed up to create an all-new cookbook containing some of the most quintessential and delicious recipes of Canadian cuisine. A beautiful keepsake hardcover book, *Canada's Favourite Recipes* is not only a treasury of homespun food but a visual cornucopia.

This is an evocative volume you will want to give to every friend on your holiday shopping

list this year—and still keep one for yourself.

Over 125 recipes are complemented by Rose and

Elizabeth's own personal anecdotes as well as
recollections from fine chefs about food and dishes
from their heritage and home regions. The recipes
are a perfect balance of simple, easy-to-follow
instructions and unique flavour combinations,
making this book a must-have for any food
lover with a desire to understand the roots of
Canadian food.



EVERYONE CAN COOK EVERYTHING

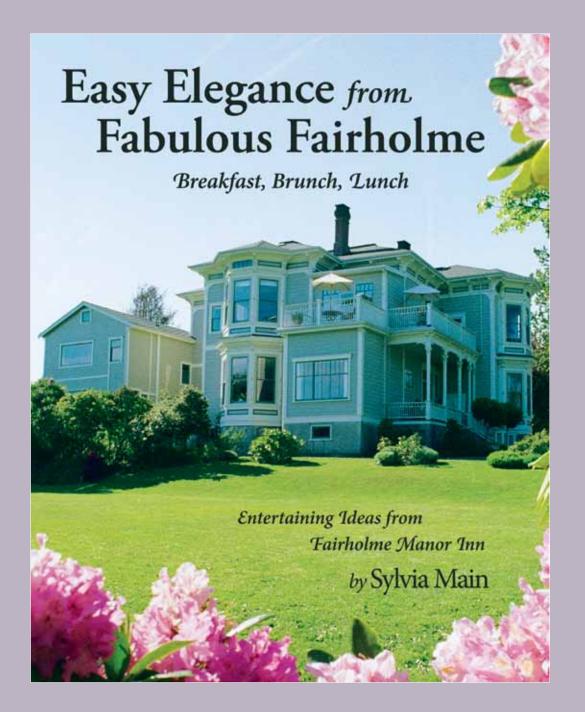
by Eric Akis ISBN 978-1-77050-109-6

Eric Akis is back with the long-awaited compendium of his bestselling *Everyone Can Cook* series. An all-new format takes the best of over 10 years of Eric Akis and puts it into one beautiful hardcover treasury. It's a must-have for any Akis fan and the perfect introduction to those who are just discovering Eric's simple and down-to-earth recipes

The book's numerous chapters provide concise recipes and cooking tips for preparing a vast array

of dishes, such as soups, salads, sides, seafood, poultry, meats, vegetarian entrees, slow-cooker meals, pasta, rice, baked goods, desserts, and more. This book is the perfect gift for the home cook, no matter what their skill level.

With detailed instructions, exact preparation and cooking times, serving sizes, and many full-colour photographs, *Everyone Can Cook Everything* continues to prove that *everyone* really can cook!



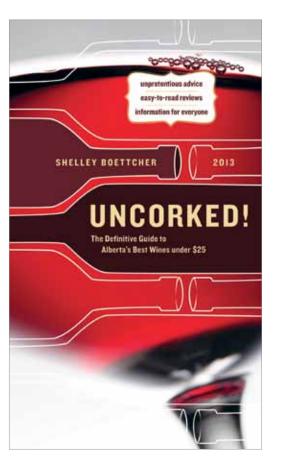
EASY ELEGANCE FROM FABULOUS FAIRHOLME

BREAKFAST, BRUNCH, LUNCH Entertaining Ideas from Fairholme Manor Inn

by Sylvia Main ISBN: 978-1-77050-110-2

Sylvia Main's award-winning bed and breakfast Fairholme Manor Inn continues to be one of the most popular places to stay in Victoria, BC. Her first book, *Fabulous Fairholme: Breakfast &*

Brunches, became a bestseller overnight and now, *Easy Elegance from Fabulous Fairholme* gives us even more breakfasts, brunches, and lunches, plus great entertaining ideas from the Inn.



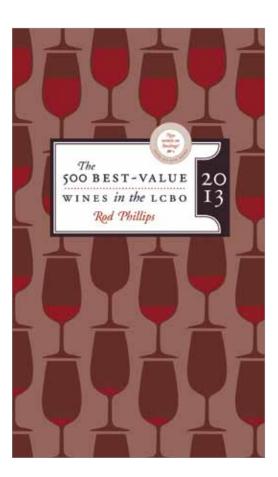
UNCORKED!

2013 EDITION

The Definitive Guide to Alberta's Best Wines under \$25

by Shelley Boettcher ISBN: 978-1-77050-070-9

Shelley Boettcher's popular guide to the tastiest and thriftiest wines of Alberta is back, with all-new reviews and even more fantastic facts and tips. With Shelley's straightforward advice, novices can feel confident about picking out the perfect wine for any occasion without breaking the bank. With images of labels to help with identifying, fun wine facts, food-pairing suggestions, and tips on cellaring, *Uncorked!* is the perfect companion for your next trip to your local wine store.



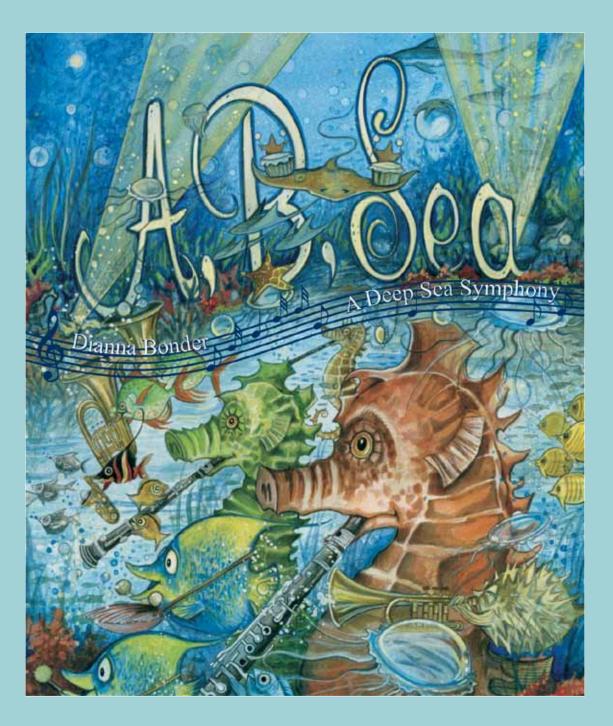
THE 500 BEST-VALUE WINES IN THE LCBO

2013 EDITION

Over 150 New Wines and a New Section on Reislings!

by Rod Phillips ISBN: 978-1-77050-069-3

Now in its fifth edition, the bestselling 500 Best-Value Wines in the LCBO returns for 2013 with the most up-to-date information available on the wines in the Liquor Control Board of Ontario. From pricing, down-to-earth descriptions and ratings, and space for your own tasting notes, 500 Best-Value Wines in the LCBO is the definitive book on buying wine in Ontario.



A, B, SEA A DEEP SEA SYMPHONY

by Dianna Bonder ISBN: 978-1-77050-043-3

Dianna Bonder's whimsical alphabet picture books have been capturing the hearts and minds of our earliest readers for over 10 years. Now, in this all-new picture book, Dianna illustrates the ocean, capturing the spirit and beauty of sea creatures throughout the world. *A, B, Sea* is the perfect

book for parents who are lovers of literacy. This is an alphabet book that children will want to open while mastering their ABCs—and keep in their collection long after they've made reading a way

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—Michael Klucker

Vanishing Vancouver: The Last 25 Years