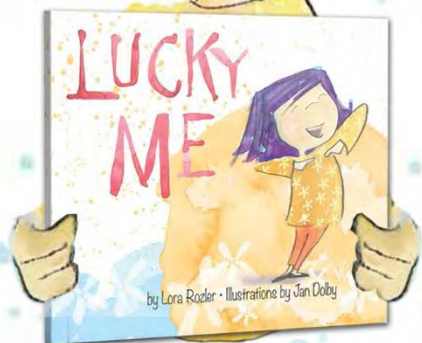


LUCKY ME

by Lora Rozler • Illustrations by Jan Dolby



Teacher's Resource Guide

Activities based on the
book Lucky Me



Fitzhenry & Whiteside

www.fitzhenry.ca

www.lorarozler.com

Gratitude Building Activities for Home and School

Gratitude Web – A good way to delve into your initial discussion about gratitude is to activate students' prior knowledge. Write the word *Gratitude* on chart paper and invite students to share what they know about it: What does it mean? How is it shown? What is its significance? Etc. Note their responses and add onto the web as the learning continues.

The Five W's of Gratitude - A helpful way to navigate discussions about gratitude is to include the 5 W's (the basic questions in information gathering): who, where, when, what, why. For example: *Who is involved in the giving and receiving of gratitude? Where does gratitude play a role in our lives? When is gratitude significant? What are the ways to show gratitude? Why is showing gratitude important? Etc.* [Template enclosed]

Attitude of Gratitude – Begin the lesson by asking students to brainstorm helpers in the community (i.e., police officers, firefighters), highlighting their significance in our lives. Then invite students to focus on people that serve them in a more immediate way (i.e., parents, caregivers, teachers), while continuing to emphasize their importance. Narrow in on this idea further by having students think of others whose impact they feel on a daily basis (i.e., friends, peers, siblings). Discuss how these relationships contribute to their lives and well-being. Understanding the interconnectedness among people helps children see the important role they each play in its maintenance. Encourage students to make gratitude statements toward each other and extend this to other people in their lives. The simple act of giving thanks is a reminder not to take people for granted and recognize how lucky we are.

Thank-You Letters - Encourage students to take the time to write thank-you notes to caregivers, parents and friends. Set up an area in your room where they can do this throughout the day (adding a classroom mailbox is always a fun bonus). Provide students with various letter templates and writing tools to make this an activity they will always want to come back to. Having sample statements is also a good idea for students who may be more hesitant or need more help to get started. [Template enclosed]

ABC's of Gratitude – Create a classroom web or gratitude book with various items corresponding to each letter of the alphabet. For example, for the letter A students may cut out or draw pictures of things that start with the letter, such as *airplanes*, *apples*. Encourage students to think of non-tangible things as well, including things such as *appreciations*, *belief*, *creativity*, etc. These can be written out as words. [Template enclosed]

Gratitude Chain – For this activity children write things they are thankful for on small strips of paper. The ends are then connected and linked into a chain. These can be hung in different places around the classroom as visual reminders that there is always lots to be thankful for.

Gratitude Scavenger Hunt - In this activity, children complete a treasure hunt, looking for various items on a list. The simple act of looking around for things such as 'something that makes you smile' instills an appreciation for something around them, something they may not have not looked at in the same way before. [Template enclosed]

Classroom Gratitude Book - For this activity, have each student write and draw a picture of something that they are grateful for. Invite students to share their work with the class. As a way to celebrate these reflective pieces, bind the sheets together into a class book and send it home with a different child each day. [\[Template enclosed\]](#)

Appreciation Circle - End each week by gathering in a communal circle and make appreciation statements toward each other. Start by sharing something you are grateful for, while holding onto a 'talking stick' (this helps kids focus on the person speaking). Look at the person you are directing the statement to and tell them what you are grateful for. (i.e., *"Sam, this week I really appreciated your help. You noticed that I was tidying the library and you offered to help me. Because of that I was able to finish a lot faster and had more fun along the way. Thank you Sam!"*). I encourage the person being appreciated to respond with a 'thank-you', acknowledging the speaker's gesture of gratitude. Go around the circle until everyone has a chance to participate. Allow students to 'pass' and hand over the talking stick to the next person if they choose not to share anything that week.

Gratitude Journals - Have students start a gratitude journal where they write 2-3 things they are grateful for on a weekly basis. The act of writing something as simple as *'I am thankful for my warm lunch...'* encourages appreciation for things that are often taken for granted. As students become more familiar with this activity, invite them to be more detailed in their statements (i.e., *I am thankful for the yummy meatballs in my lunch. Meatballs are one of my favourite things to eat...*). [\[Template enclosed\]](#)

Gratitude Quilt - Give each child a 5" x 5" blank piece of paper on which to draw something he or she is thankful for. Mount each square on a 6" x 6" colored piece of paper and then piece the squares together to create a classroom gratitude quilt.

Gratitude Tree - Sometimes having a visual representation of a concept can help students understand it more clearly. A gratitude tree is meant to do just that. Invite students to write different things they are grateful for on leaf cut-outs and then paste them onto a tree template. [\[Template enclosed\]](#)

Gratitude Acrostic Poem - Invite students to brainstorm things they are grateful for that begin with each of the letters in the word GRATITUDE. [\[Template enclosed\]](#)

Gratitude Collage - Have children draw, cut out and paste pictures of things they are grateful for onto a *Lucky Me* collage template. Conversely, this can be done on a classroom bulletin board, where children work individually or in groups to fill out a small section of a *Lucky Us* collage. [\[Various templates enclosed\]](#)

Other activities based on the book, Lucky Me, included in the package below are: Maze, Word Search, Thank-You Language Match-up, Lucky Me Collage, Find the Differences, Lucky Me Drawing Template, 'I Feel Lucky' Writing Template, Colouring Sheet, Thank-You in Different Languages Poster.

Name: _____

Date: _____

LUCKY ME

Five W's of Gratitude



Who?

Where?

When?

Why?

What? (How)

Name: _____

Date: _____

Gratitude Scavenger Hunt

LUCKY ME



Find something that ...

is soft	is beautiful	comes from nature	is tasty
brings good memories	makes you happy	has a lovely sound	makes you want to dance
helps you relax	makes you feel safe	is older than you	is special to you
you enjoy looking at	is your favourite colour	you love to smell	would make a nice gift for someone
you learned to do recently	different than you	you want to be better at	makes you feel loved



Name: _____

My Gratitude Journal

Date _____

I am thankful _____

Date _____

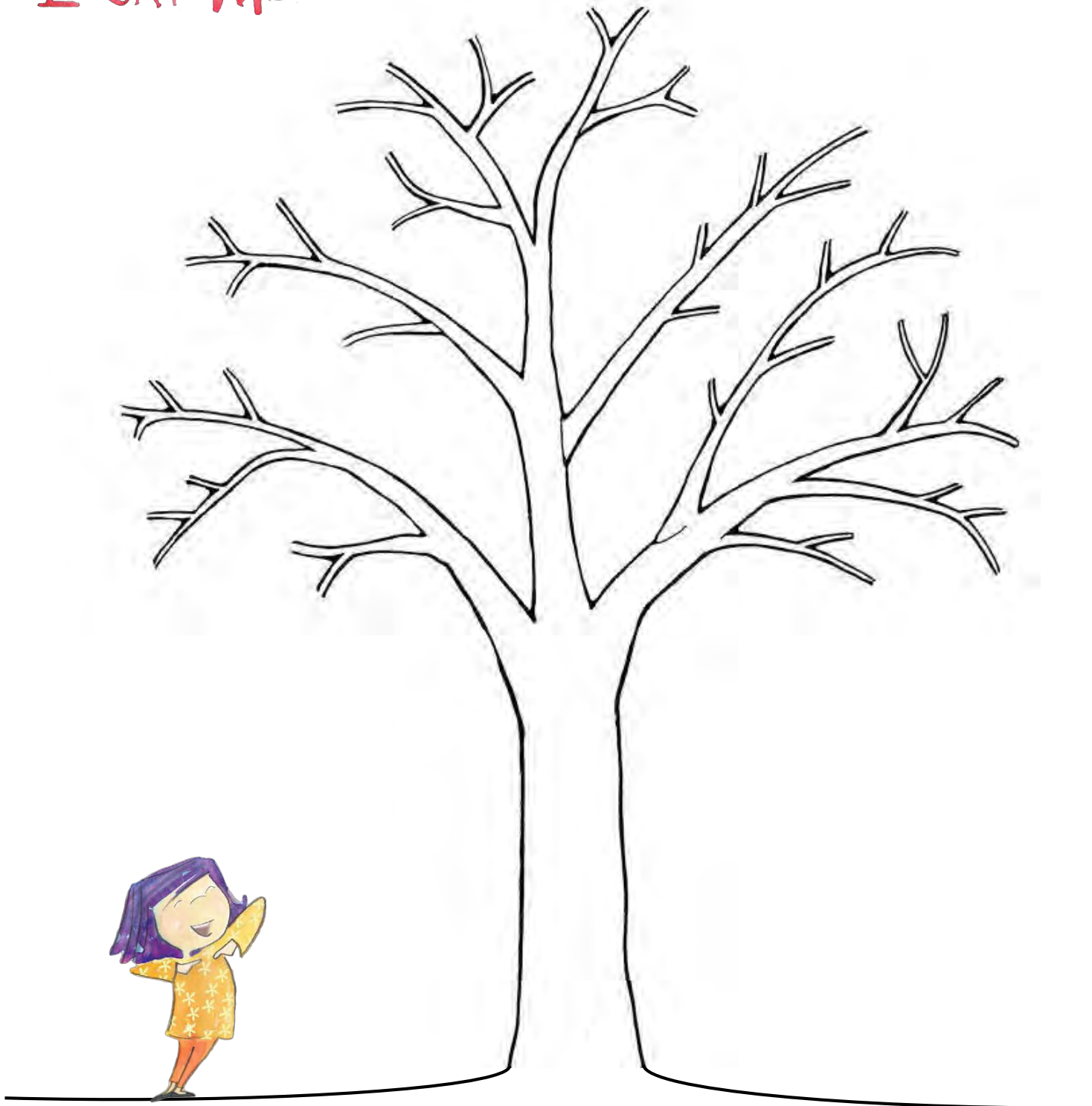
I am thankful _____

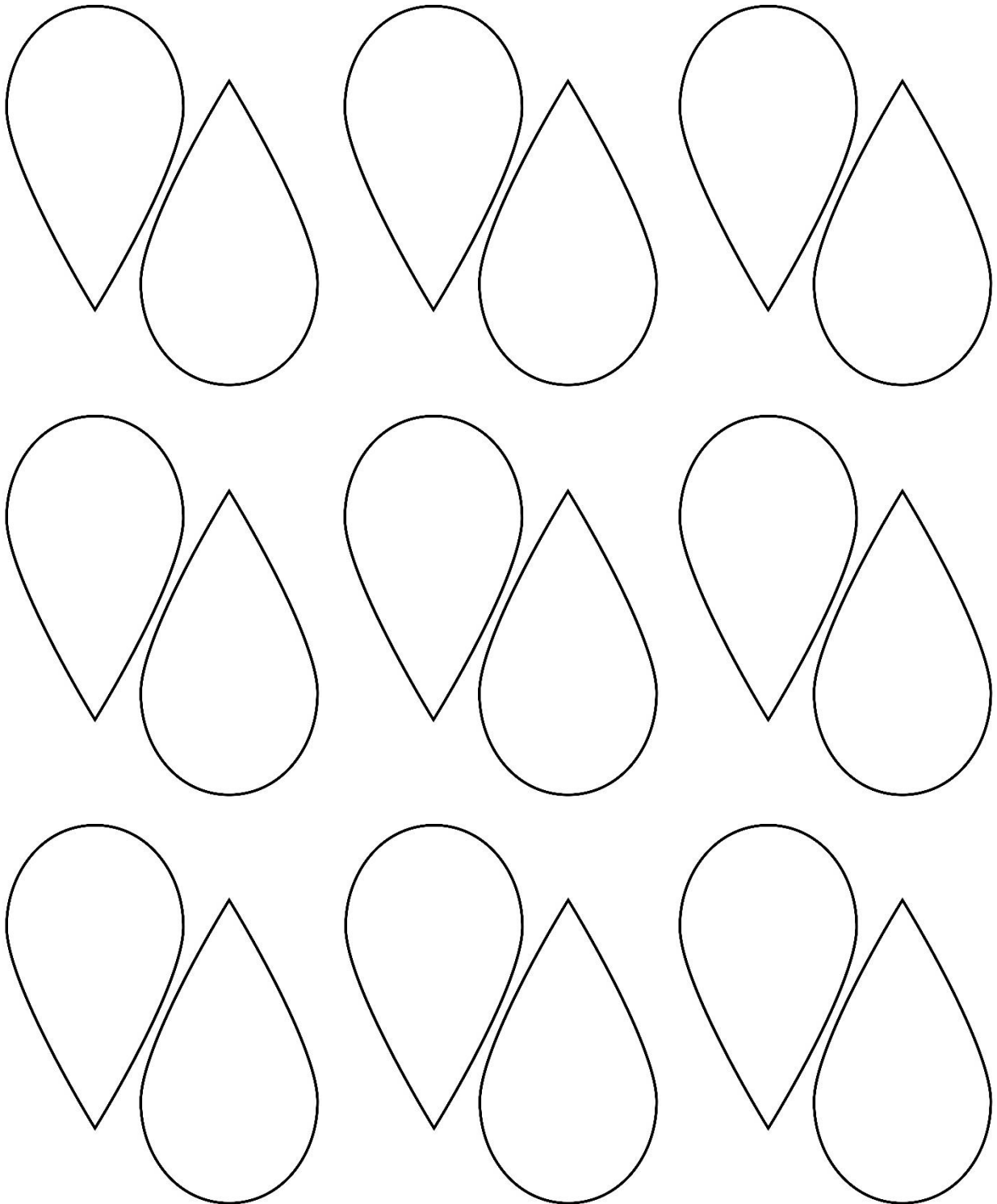
Name: _____

Date: _____

My Gratitude Tree

LUCKY ME





(Note: enlarge the gratitude tree template and photocopy it on to an 11x17 sheet of paper for best results with the gratitude leaves template)

Name: _____ Date: _____

LUCKY ME



Gratitude Acrostic Poem

G _____

R _____

A _____

T _____

I _____

T _____

U _____

D _____

E _____

Name: _____

Date: _____

LUCKY ME Gratitude Name Collage

Write your name on the line below. For each letter in your name, think of something that you're thankful for that begins with that letter. Write or draw it in the shapes below.

Repeat if space remains.

The collage consists of 12 rounded rectangular boxes arranged in a grid-like fashion. The boxes are of various sizes and are intended for students to write or draw something they are thankful for, corresponding to the letters in their name. The boxes are arranged as follows: a large box in the top left, a tall narrow box in the top middle, and a large box in the top right. Below the top left box are two smaller boxes. Below the top middle box is a medium-sized box. Below the top right box are two smaller boxes. In the bottom row, there are three large boxes of varying widths.

Name: _____ Date: _____



LUCKY ME

ABCs of Gratitude

A	N
B	O
C	P
D	Q
E	R
F	S
G	T
H	U
I	V
J	W
K	X
L	Y
M	Z

Date: _____

Dear _____ ,

_____ ,



LUCKY ME

Date: _____

Dear _____ ,

_____ ,



LUCKY ME

Name: _____ Date: _____



LUCKY ME I Am Grateful

Name: _____

Date: _____

LUCKY ME

My Gratitude Collage

The collage template consists of eight rounded rectangular boxes arranged in three rows. The top row has two large boxes. The middle row has three boxes: a large one on the left, a medium one in the center, and a large one on the right. The bottom row has two boxes: a wide one on the left and a tall one on the right.

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Solve the maze and help the friends get back together !



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B M I S K Y M O N S T E R S T A T
P A B T R T A D V E N T U R E S F
A R Q R I H S O R U P P A R T Y S
N S B E C T T A O B O N Y S D K Z
C A N A E D E A A B P O Q M N L B
A N I S C R R Z D D C S Q A X S H
K D P U R F P P T J O E H Y N M S
E S L R E M I R R G R T N W P E I
S N A E A O E I I R N H O H L S D
S O Y S M U C N P A V L U Z A P E
F W M R R S E C S T C M W U Y O W
A M A W H T S E T E K N O T G O A
O E T D E A S S A F T X R G R K L
I N E O R C S S R U R Q M O O Y K
K L B E O H L S Z L U X S V U J H
B Y N I Z E C Q A W A V E S N Y Q
C A N D L E K I N G D O M S D V M

TREASURES

GRATEFUL

THANKS

PANCAKES

SIDEWALK

MASTERPIECES

ADVENTURES

PLAYGROUND

MOUSTACHE

PRINCESS

HERO

CLOWNS

PLAYMATE

ICECREAM

PARTY

POPCORN

CANDLE

SKY

SNOWMEN

SPOOKY

WORMS

SAND

WAVES

MONSTERS

KINGDOMS

ROADTRIP

NOSE

STAR

LUCKY ME

by Lora Rozler • Illustrations by Jan Dolby



Ay Ay

Shukran

Gracias

Toda

Obrigado

Arigato

Salamat

Asante

Do jeh

Kiitos

Japanese

Finnish

Cantonese

Swahili

Cree

Spanish

Tagalog

Portuguese

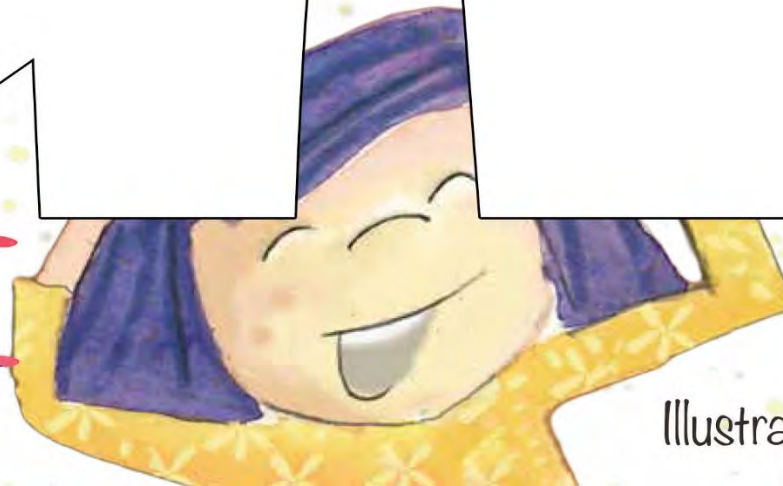
Arabic

Hebrew

Match the thank you's on the left
with the correct language on the right

LUCKY
ME

LUCKY ME



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Illustrations by Jan Dolby

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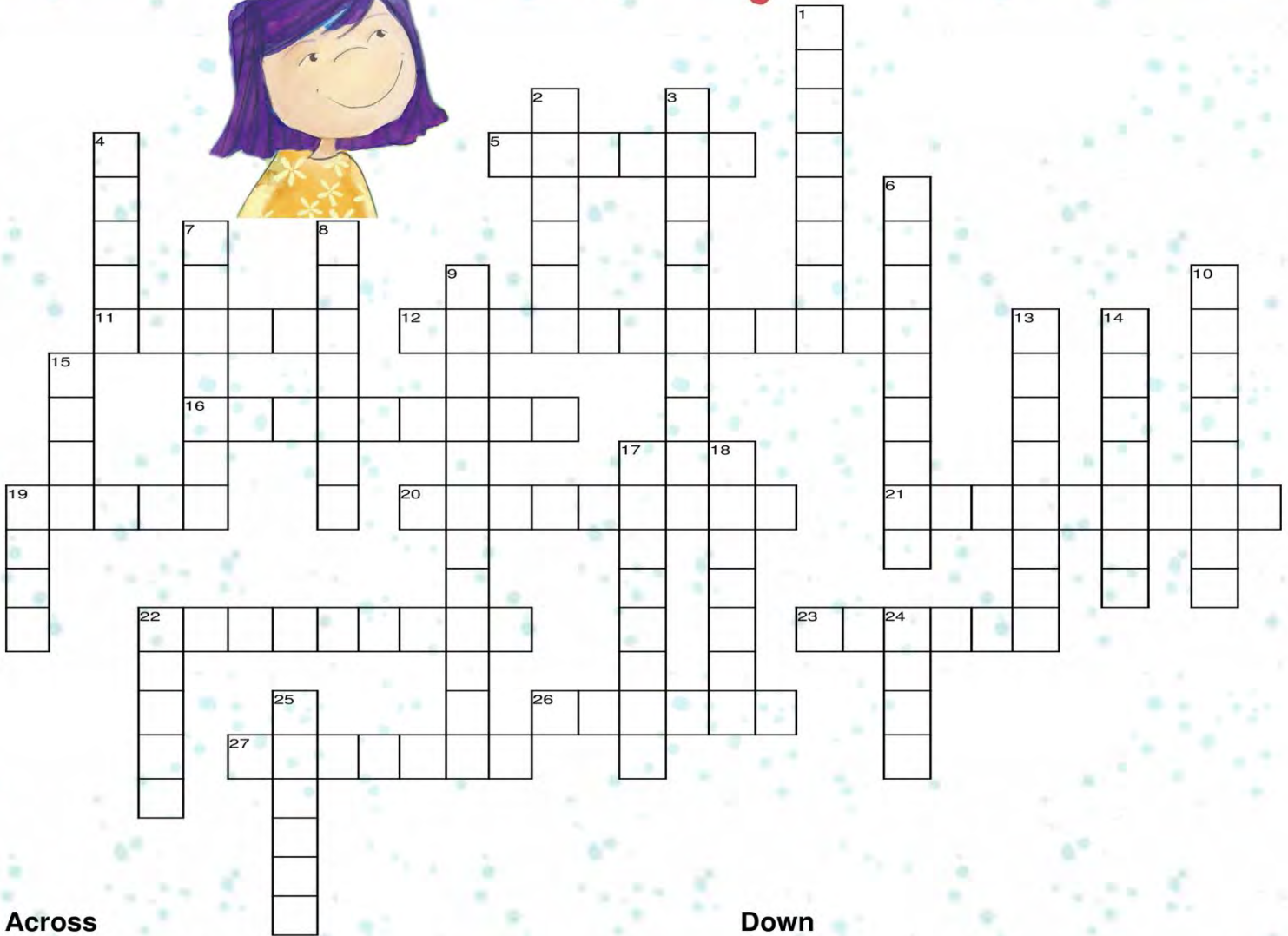


Find 10 differences between the two Lucky Me scenes.

1. _____
2. _____
3. _____
4. _____
5. _____

6. _____
7. _____
8. _____
9. _____
10. _____

LUCKY ME



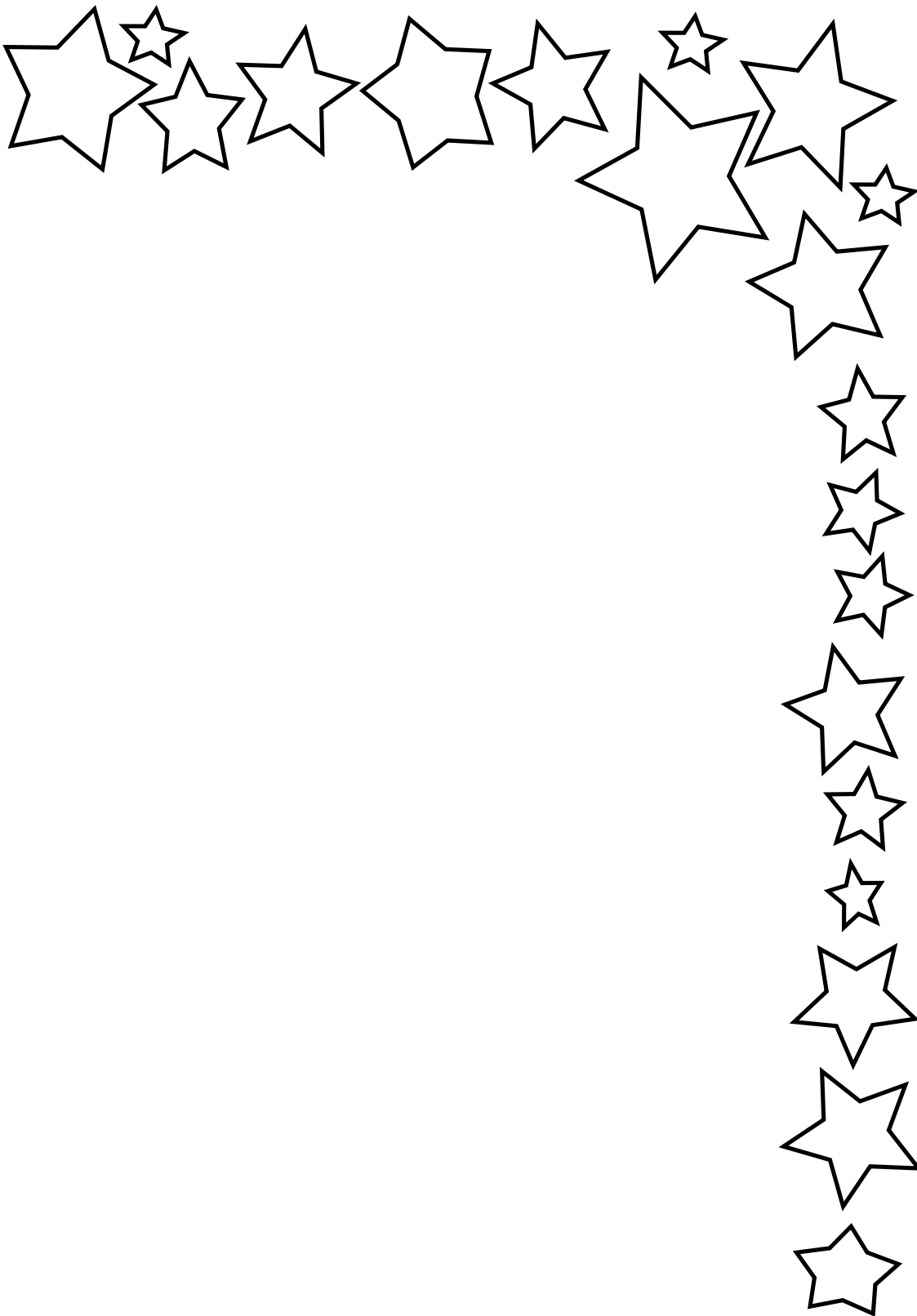
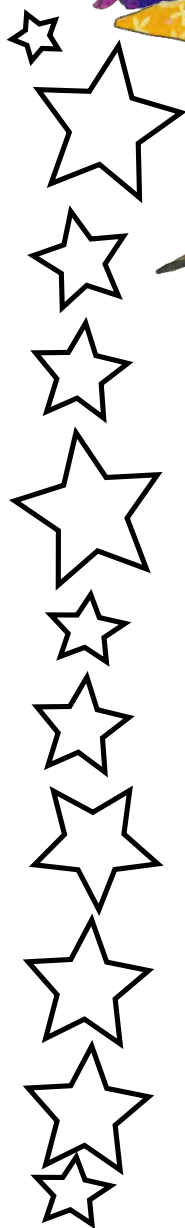
Across

- 5. Finnish
- 11. Tamil
- 12. Albanian
- 16. Greek
- 19. German
- 20. Hindi
- 21. Urdu
- 22. Punjabi
- 23. Italian
- 26. Swahili
- 27. Arabic

Down

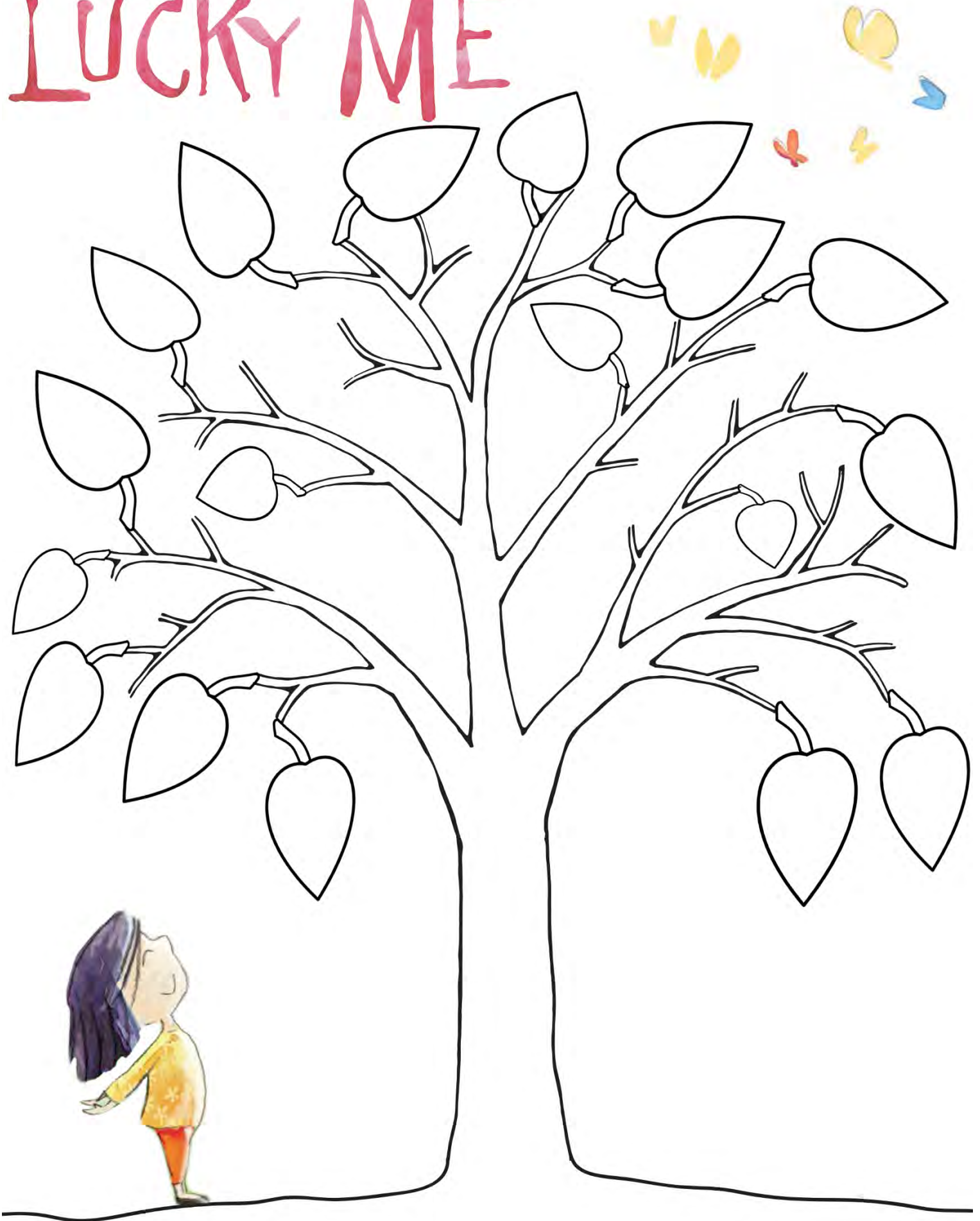
- 1. Turkish
- 2. Mandarin
- 3. Hungarian
- 4. Vietnamese
- 6. Romanian
- 7. Dutch
- 8. Japanese
- 9. Korean
- 10. Portuguese
- 13. Polish
- 14. Spanish
- 15. Hebrew
- 17. Persian
- 18. Filipino
- 19. Cantonese
- 22. French
- 24. Cree
- 25. English

LUCKY ME



I am grateful for _____

LUCKY ME



★ Thank you ★ shnorhakalut'yun ★ multumesc ★ efharisto ★ arigato ★ salamat ★

LUCKY ME

★ dhanyavad ★ asante ★ nandri ★ cam on ★ gamsahabrida ★ koszonom ★ spasiiba ★

faleminderit ★ grazie ★ mamnunam ★ do jeh ★ meherbani ★ danke ★ teshekkur ★ shukriya ★ merci

toda ★ ay ay ★ gracias ★ obrigado ★ mahadsanid ★ xie xie ★ dank je ★ kiitos ★ dziekuje ★ shukran

★ Thank you ★ shnorhakalut'yun ★ multumesc ★ efharisto ★ arigato ★ salamat ★

faleminderit ★ grazie ★ mamnunam ★ do jeh ★ meherbani ★ danke ★ teshekkur ★ shukriya ★ merci

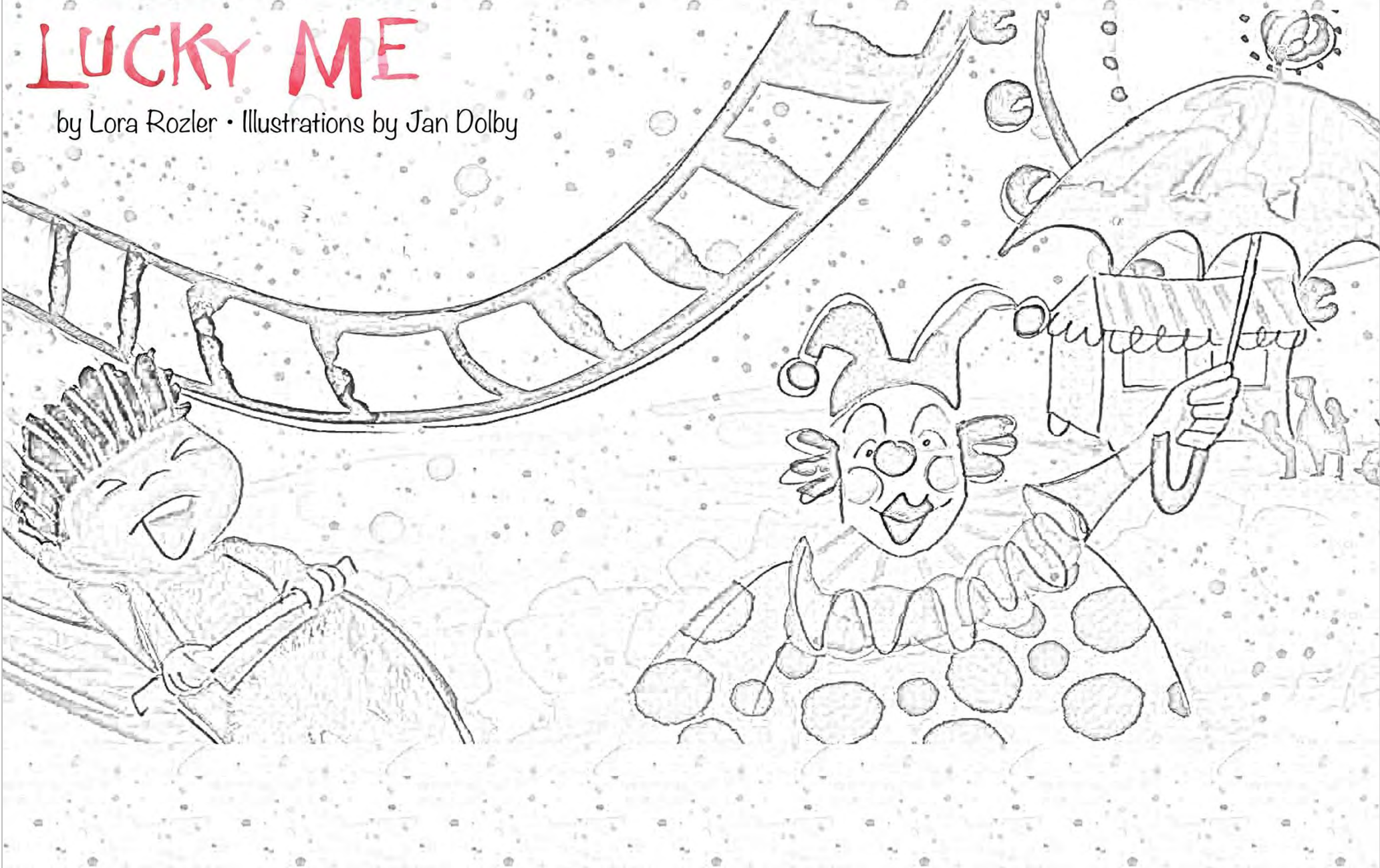
I feel lucky because ...

toda ★ ay ay ★ gracias ★ obrigado ★ mahadsanid ★ xie xie ★ dank je ★ kitos ★ dziekuje ★ shukran

★ dhanyavad ★ asante ★ nandri ★ cam on ★ gamsahabrida ★ koszonom ★ spasiba ★

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LUCKY ME

English - Thank you	Hungarian - Koszonom (kus-sun-um)
French - Merci (mer-see)	Armenian - Shnorhakalut'yun (shur-nur-ah-gah-lem)
Tagalog - Salamat (sa-la-maht)	Albanian - Faleminderit (fah-leh-mee-ndeh-reet)
Hebrew - Toda (toh-da)	Persian - Mamnunam (mam-noon-am)
Cree - Ay ay (hay-hay)	Cantonese - Do jeh, (daw-dyeh)
Spanish - Gracias (gra-see-us)	Punjabi - Meherbani (mi-har-baan-ee)
Dutch - Dank je (dank-ya)	German - Danke (dahn-kah)
Finnish - Kiitos (key-tose)	Turkish - Teshekur (the-sheh-kur)
Arabic - Shukran (shoe-krahn)	Urdu - Shukriyah (shoo-kree-a)
Swahili - Asante (ah-sahn-te)	Bengali - Dhonnobad (dan-ya-bad)
Tamil - Nandri (nun-dree)	Thai - Kop-khun (kop-koon)
Gujarati - Abhar (a-bhar)	Afrikaans - Dankie (dung-key)
Italian - Grazie (graht-see)	Bulgarian - Blagodarya (bla-goda-ria)
Yiddish - Adank (a-dunk)	Portuguese - Obrigado (oh-bree-gah-doh)
Swedish - Tak (tahck)	Korean - Gamsahbnida (gam-sah-hab-nee-da)
Creoles - Mesi (mes-ee)	Romanian - Multumesc (mul-tsu-mesk)
	Greek - Efharisto (ef-har-rih-stowe)
	Somali - Mahadsanid (ma-had sa-nid)
	Japanese - Arigato (ahree-gah-tow)
	Hindi - Dhanyavad (dha-nya-vaad)
	Polish - Dziekuje (dsyen-koo-yeh)
	Vietnamese - Cam on (gahm-uhn)
	Mandarin - Xie xie (syeh-syeh)

